

# Gaining Ground

Highland and Moray Social Crofting Network

*Galvanising a network to support  
social crofting and green care  
models within Moray and Highland*

# Gaining Ground

Highland and Moray Social Crofting Network

- Project runs until May 2020
- Moray and Highland
- Learning journeys, information sharing and network formation



**Lucy Beattie**



**Tina Hartley**



**Ailsa Strange**



The Maker Farm



Ninevah Ridge



Gortliea Social Farm



# Animal assisted therapy

The Fold





***Mycobacterium  
vaccae***



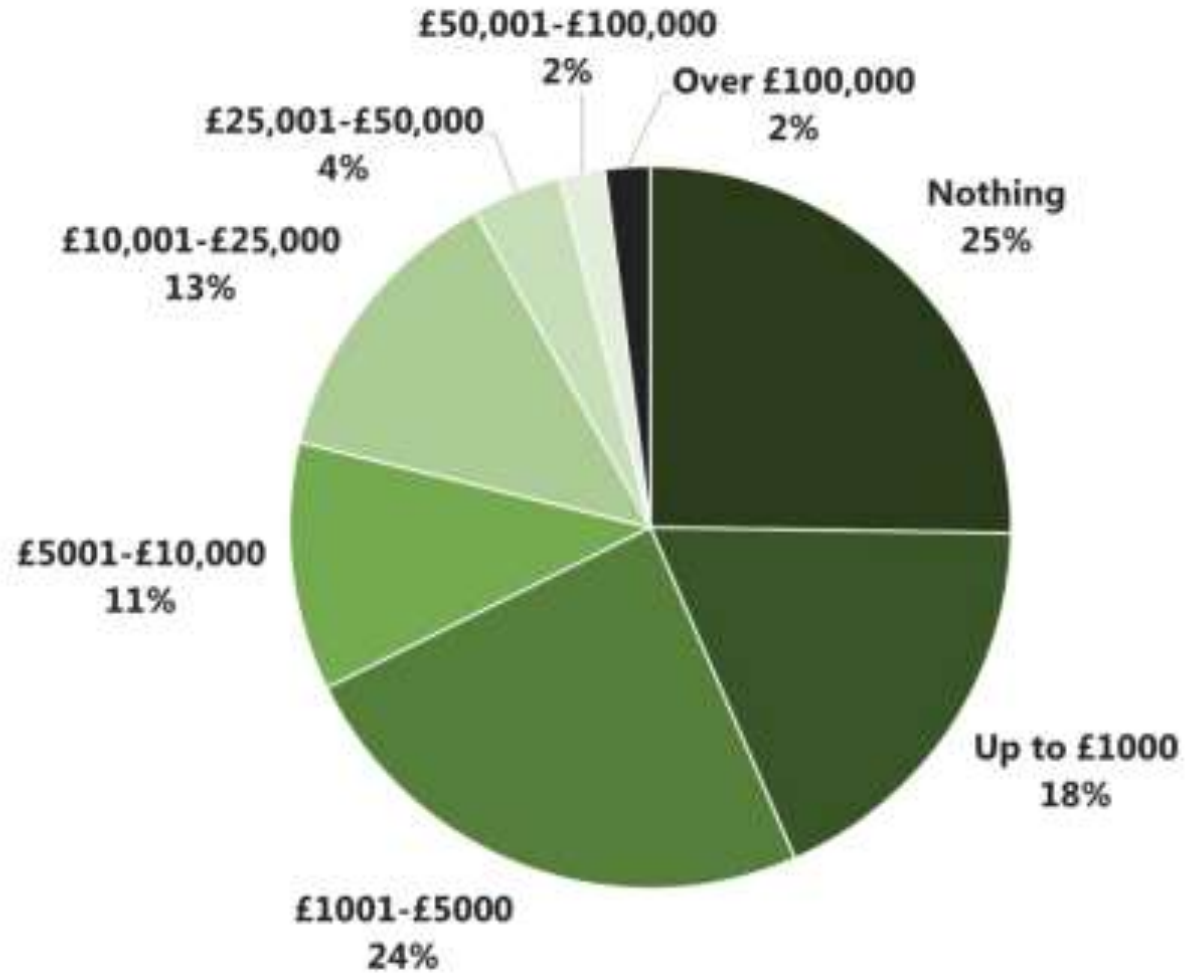
**Found  
naturally in  
soil  
stimulates  
serotonin  
production**

# How can green care provided through the medium of crofting improve the delivery of rural health and social care services?



*“There is a lack of published evidence about the specific impacts of rural and remote contexts and recommendations about overcoming the challenges posed, which indicates a need for further research and/or evidence generation from practice as well as evaluation of the outcomes of different models of SDS, including brokerage models, in different geographical and economic contexts.”*

**Figure 4.1 Q** *Approximately what was your revenue before deducting costs from crofting-based activities in the last 12 months (excluding agricultural support funds)?*  
(Base: 546)



# 3.77

**social return on investment afforded by offering care farming opportunities.**

Leck, C., 2013. *The impact of care farming in the UK* (Doctoral dissertation, University of Worcester).





**Thursday 27<sup>th</sup> June 2019 at Glachbeg Croft Education Centre near  
Inverness. All welcome! 12.30 – 4.00pm**

Gathering crofters and smallholders from Moray and Highland to galvanise a network, research 5 case studies, undertake learning journeys, and develop factsheets to support their diversification journey.

Can any of you attend or provide information for the factsheets and knowledge base?

If so, please get in touch .....

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